Biological activities of the fermentation extract of the endophytic fungus Alternaria alternata isolated from Coffea arabica L.
Biological activities of the fermentation extract of the endophytic fungus *Alternaria alternata* isolated from *Coffea arabica* L.

Maurette dos Reis Vieira Fernandes¹, Tales Alexandre Costa e Silva¹, Ludwig Heinrich Pfenning², Cláudio Miguel da Costa-Neto³, Tassiela Andrêa Heinrich³, Severino Matias de Alencar⁴, Marisa Aparecida de Lima¹, Masaharu Ikegaki¹*

¹Universidade Federal de Alfenas / Unifal-MG, Departamento de Farmácia, ²Universidade Federal de Lavras, Departamento de Fitopatologia, ³Universidade de São Paulo, Faculdade de Medicina de Ribeirão Preto, Departamento de Bioquímica e Imunologia, ⁴Escola Superior de Agricultura “Luiz de Queiroz”/USP, Departamento de Agroindústria, Alimentos e Nutrição, Piracicaba-SP

A total of 22 endophytic fungi isolated from coffee (*Coffea arabica* L.) were cultivated in vitro and their crude extracts tested. The screening was carried out using the agar diffusion method against *Staphylococcus aureus*, *Escherichia coli* and *Candida albicans*. The most effective isolate was *Alternaria alternata*, and subsequently, its extract was assayed. The total phenolic content was 3.44 μg GAE/mg of the crude extract. For the antibacterial and antifungal activity assays, minimum inhibitory concentrations (MIC) and minimum bactericidal and fungicidal concentrations (MBC and MFC) were determined. The ranges of MIC values were 50-100 μg/mL for *S. aureus* and 400-800 μg/mL for *E. coli*. The extract did not show activity in the tested concentrations for *C. albicans*. The fungal crude extract was assayed for antioxidant activities. Its ability to scavenge DPPH radicals and antioxidant activity by β-carotene/linoleic acid system oxidation was not significant. In addition, antitumor activity was studied using the MTT assay. At a dilution of 400 μg/mL, the extract displayed a cytotoxic activity of approximately 50% towards HeLa cells in vitro. The results indicate that endophytic fungi could be a promising source of bioactive compounds and warrant further study.

**Uniterms:** Endophytic fungi. Bioactive compounds. *Alternaria alternata*/extract/antioxidant activity.

---

Total de 22 fungos endofíticos isolados de café (*Coffea arabica* L.) foi cultivado in vitro e seus extratos testados. A triagem foi conduzida pelo método de difusão em agar contra bactérias Gram-positiva, Gram-negativa e uma levedura. O isolado mais efetivo foi *Alternaria alternata* e, subsequentemente, seu extrato foi analisado. O conteúdo de fenólicos totais do extrato bruto foi de 3,44 μg EAG/mg de extrato. Para os testes de atividade antimicrobiana, a concentração inibitória mínima (CIM) e concentração bactericida e fungicida mínima (CBM e CFM) contra *Staphylococcus aureus*, *Escherichia coli* e *Candida albicans* foram determinadas. Resultados da CIM variaram entre 50-100 μg/mL para *S. aureus* e 400-800 μg/mL para *E. coli*. O extrato bruto não apresentou atividade nas concentrações testadas para *C. albicans*. Foram analisadas as atividades antioxidantes do extrato bruto. Sua habilidade para sequestrar radicais DPPH e a atividade antioxidante pela oxidação do sistema β-caroteno/ácido linoléico não foram significativas. Além disso, a atividade antitumoral foi estudada pelo teste do MTT. À diluição de 400 μg/mL, o extrato apresentou atividade de aproximadamente 50% sobre as células HeLa in vitro. Os resultados indicam que fungos endofítos poderiam ser uma fonte promissora de compostos bioativos necessitando de estudos futuros.

**Unitermos:** Fungos endofíticos. Compostos bioativos. *Alternaria alternata*/extrato/atividade antioxidante.
INTRODUCTION

Natural products play a dominant role in the discovery of leads for the development of drugs in the treatment of human diseases. Much of nature remains to be explored, particularly marine and microbial environments (Newman, Cragg, Snader, 2003). Microorganisms have the ability to utilize various substrates as a consequence of the diversity of their biological and biochemical evolution. The solid substrates they use include, among others, live plants. Both bacteria and fungi are known to collaborate with many plants to form mutually beneficial associations. Actinomycetes and fungi, of all microorganisms studied, have been found to be the most prolific producers of secondary metabolites (Guanatilaka, 2006).

In 1990 the magnitude of fungal diversity was estimated at 1.5 million species (Hawksworth, 1991). However, Arnold et al. (2000) suggested that tropical fungal endophytes might prove to be hyperdiverse, and therefore the 1.5 million figure underestimates fungal biodiversity.

In the last few years, considerable knowledge has been accumulated on the biology of endophytic microorganisms (Firáková; Sturdíková; Múcková, 2007).

Petriń et al. (1992) has expanded the definition of endophytes to include all those microorganisms that, during a more or less long period of life, asymptptomatically colonize the living internal tissue of their hosts.

Metabolites produced by endophytes are being recognized as a versatile arsenal of antimicrobial agents. Some endophytes have been known to possess superior biosynthetic capabilities, owing to their presumable gene recombination with the host, while residing and reproduce in the healthy plant tissues (Li et al., 2005). A high proportion of endophytic fungi (80%) produce biologically active compounds in tests for antibacterial, fungicidal and herbicidal activities (Schulz et al., 2002). The continued development of new antimicrobial compounds is important to overcome the difficulties related to the treatment of infections caused by resistant pathogens in accordance with Petersen et al. (2004). Thus, endophytic fungi have emerged as an alternative source for the production of new antimicrobial agents.

Due to the importance of secondary metabolite production by endophytic fungi, the study of these coffee endophytes provides greater understanding of its diversity.

The purpose of this study was to evaluate several isolated fungi from the Coffea arabica L. plant and to select an endophytic fungus for further evaluation of its antimicrobial, antioxidant and cytotoxic activities.

MATERIALS AND METHODS

Isolation of the endophytic fungi

For isolation of the endophytic fungi, adult and healthy leaves of Coffea arabica were selected and subjected to surface sterilization. They were first washed with running water and then immersed in aqueous ethanol (3:7) for 1 minute, then in 3% aqueous sodium hypochlorite solution for 4 minutes and, finally, in aqueous ethanol (0.2:9.8) for 0.5 minute, with further drying in sterilized paper in a biosafety chamber (Petriń et al., 1982).

The sterilized leaves were cut into 5 mm diameter pieces and placed in a Petri dish containing 2% malt-extract agar (2% MEA) augmented with 50 μg/mL of chloramphenicol and 10 μg/mL of cyclosporin A, with approximately 5 leaves cut in the shape of a disc on each dish. The material was incubated at 25 °C for 10 days. All strains were isolated by the culture in 2% MEA without antibiotic. The fungi were identified by Dr. Ludwig H. Pfenning and deposited in the fungal collection with the accession number Coleção Micológica de Lavras (CML) at the Universidade Federal de Lavras (UFLA).

Fermentation

For initial screenings, the mycelium of different endophytes grown on 2% MEA plates were inoculated into 250 mL erlenmeyer flasks containing 10 g of wheat bran as the substrate, which was moistened with 10 mL of distilled water to get an initial moisture content of 100% before autoclaving at 121 °C for 20 minutes. These flasks were incubated at 25 °C for 10 days and the biomass of each endophyte was extracted two times with dichloromethane (100 mL) at room temperature and further concentrated using a vacuum pump to give crude extracts prior to biological assays. For the production of crude extract on a large scale, the mycelium of the selected fungus was inoculated into 1000 mL Erlenmeyer flasks containing 100 g of wheat bran as the substrate with 100 mL of distilled water to get an initial moisture content of 100% before autoclaving at 121 °C for 20 minutes. These flasks were incubated at 25 °C for 10 days. The biomass of endophyte was extracted and concentrated under the same conditions.

Determination of total phenolic content

The phenolic compounds of both the crude extract and wheat bran were determined by using the Folin-Ciocalteau reagent solution (Woisky, Salatino, 1998). Briefly, the appropriate dilutions of the sample (0.5 mL) were
Biological activities of the fermentation extract of the endophytic fungus *Alternaria alternata*

oxidized with 2.5 mL Folin-Ciocalteu reagent (1:10) for 3-8 minutes at room temperature. Then the reaction was neutralized with 4% saturated sodium carbonate. The absorbance of the resulting blue color was measured at 740 nm after incubation for 2 hours at room temperature in darkness. Gallic acid was employed as the standard. All tests were carried out in triplicate and the results were expressed as Gallic Acid Equivalents (μg GAE/mg of dry weight of the crude extract).

**Test microorganisms**

The microorganisms used in this study were *Staphylococcus aureus* ATCC 6538, *Escherichia coli* ATCC 25922 and yeast *Candida albicans* ATCC 69548. The cultures were stored at 4 – 8 ºC in brain heart infusion agar (BHI agar). These microorganisms were kindly donated by the Microbiology Laboratory of the Universidade Federal de Alfenas (Unifal-MG).

**Antimicrobial screening**

The 500 μg/mL of each crude extract were screened for their antimicrobial activity using the agar diffusion method (Lorian, 1996). The microorganisms were seeded using the pour plate method. All test plates were incubated at 37 ºC for 24 hours for bacteria and at 25 ºC for 24-48 hours for yeast. The inhibition zones were observed, measured and recorded. The procedure was repeated and confirmed. The culture of the endophytic fungus *Alternaria alternata* afforded the most promising antibacterial and antifungal activities and, subsequently, its extract was assayed.

**Microbiological assay**

The antimicrobial activity of the crude extract of *Alternaria alternata* was assayed against bacteria and yeast. A test solution was prepared with the known weight of the crude extract, dissolved in dimethyl sulfoxide (DMSO). The minimum inhibitory concentration (MIC), minimum bactericidal concentration (MBC) and fungicidal concentration (MFC) were determined in accordance with Clinical and Laboratory Standards Institute (CLSI) guidelines (2005) and Duarte *et al.* (2003), with a few modifications.

Individual colonies isolated from 24 hours cultures of bacteria and yeast were suspended in a sterile 0.89% NaCl solution. The suspension was properly inoculated in Nutrient broth for bacteria and Sabouraud broth for yeast, containing a twofold dilution series of the crude extract (concentrations ranged from 50 to 800 μg/mL reaction) to achieve an assay concentration of 10^5 CFU/mL or the control DMSO. The tubes were incubated at 37 ºC for 24 hours for bacteria, and 25 ºC for 24 hours for yeast. The test was performed on three replicates for each concentration of the extract. The lowest concentration of extract that had restricted growth to a level of absorbance < 0.05 at 660 nm (no visible growth) was recorded as the MIC. To determine the MBC, an aliquot (50 μL) of all incubated tubes with concentrations higher than the MIC was subcultured on Nutrient agar for bacteria and Sabouraud agar for yeast. The MBC was defined as the lowest concentration of the extract that allowed no visible growth on the agar plate after the period of incubation (Koo *et al.*, 2000). Three replicates were made for each concentration of the extract.

**Antioxidant assay**

**Reagents**

All the chemicals and reagents used in this study were of analytical grade. 1,1-diphenyl-2-picryl-hydrazyl radical (DPPH), butylated hydroxytoluene (BHT), ascorbic acid, gallic acid (GA), Folin-Ciocalteu reagent solution, sodium carbonate, α-tocopherol, β-carotene, linoleic acid and Tween 40 were purchased from Sigma-Aldrich, Merck or Vetec.

**Free radical-scavenging activity measurement**

Four mL of dilutions of crude extract and wheat bran (100, 500 and 1000 μg/mL) were added to 1 mL of 0.5 mM DPPH in 96% ethanol. The mixtures were vigorously shaken and left to stand at room temperature for 30 minutes in the dark (Yen; Chang; Duh, 2005, with few modifications). Absorbance at 517 nm was measured versus ethanol as the blank. Standard samples (BHT and ascorbic acid) were used in the same concentrations. A degradation of DPPH was evaluated by comparison with a control (4 mL ethanol and 1 mL of DPPH solution). The DPPH radical-scavenging capacity was calculated by the formula:

\[
\text{% CS} = \frac{A_{\text{negative control}} - A_{\text{sample}}}{A_{\text{negative control}}} \times 100
\]

Negative control: 4.0 mL ethanol and 1.0 mL of DPPH solution. Where A = Absorbance

% CS = % scavenging capacity

**Antioxidant activity on linoleic acid oxidation**

This assay was performed as described by Ahn *et al.* (2004) with some modifications. β-carotene (10 mg) was dissolved in 100 mL of chloroform. Then, an aliquot (3 mL) of β-carotene-chloroform solution was added to
40 mg of linoleic acid and 400 mg of Tween 40. Chloroform was then removed under a stream of nitrogen gas. Distilled water (100 mL) was added, and the solution was mixed well. Aliquots (3 mL) of the β-carotene/linoleic acid emulsion were mixed with 50 μL of crude extract solution and incubated in a water bath at 50 ºC. Oxidation of the emulsion was monitored spectrometrically by measuring absorbance at 470 nm over a 120 minutes period, in intervals of 20 minutes. The control sample contained 50 μL of solvent in place of the extract. The antioxidant activity was expressed as a percentage of inhibition relative to the control after 120 minutes of incubation using the equation:

\[
AA = \frac{DR_C - DR_S}{DR_C} \times 100
\]

Where AA = antioxidant activity

\( DR_C \) is the degradation rate of the control (\( = A_{C0} - A_{C120} \)); \( A_{C0} \) is the initial absorbance at time 0, and \( A_{C120} \) is the absorbance at 120 minutes.

\( DR_S \) is the degradation rate in the presence of the sample (\( = A_{S0} - A_{S120} \)); \( A_{S0} \) is the initial absorbance at time 0, and \( A_{S120} \) is the absorbance at 120 minutes.

The crude extract and wheat bran samples were evaluated at concentrations of 500 and 1,000 μg/mL, and α-tocopherol and BHT (200 μg/mL) were used as positive controls.

Cytotoxic assay

Cell culture and cytotoxic activity

The Human Cervix Cancer (HeLa) cells were cultured at 37 ºC in a humidified atmosphere containing 5 % of CO₂, using a Dulbecco’s modified Eagle’s medium (DMEM) supplemented with 10% of fetal calf serum (FCS) at pH 7.4. Gentamicin (10 μg/mL) was used as an antibiotic. Cell culture reagents were purchased from Invitrogen (Gaithersburg, MD) and 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium salt (MTT) from Sigma.

On the first day, cells were detached and seeded in a 48-well plate (2 x 10⁴ cells/well). After 24 hours the medium was exchanged. Solution of the crude extract and wheat bran extract were prepared in DMSO (vehicle). The final concentrations (400, 300 and 200 μg/mL) were achieved by direct dilution into the cell medium. The samples or the vehicle were added and incubated for a period of 48 hours. After this interval, 50 μL of a MTT solution (5 mg/mL in PBS) were added to each well and the cells were incubated for an additional 3 hours (Mosmann, 1983). Subsequently, the medium was removed, cells were washed two times with PBS, and 300 μL of isopropanol–HCL (0.04 mol/L) were added. Cell viability was determined by absorbance measurements at 570 nm.

Statistical analysis

All of the data were expressed as a mean ± s.d. from at least three separate experiments, each performed in triplicate. The ANOVA test for unpaired observation between controls and experimental samples and Tukey’s test for multiple comparisons were conducted to evaluate statistical differences; \( p \) values of 0.05 or less were considered statistically significant.

RESULTS AND DISCUSSION

Isolation of endophytic fungi

Twenty-two strains of endophytic fungi were isolated and identified from coffee leaves (Coffea arabica L.), as listed in Table I.

TABLE I - Endophytic fungi isolated from coffee (Coffea arabica L.)

<table>
<thead>
<tr>
<th>Code</th>
<th>Identification</th>
</tr>
</thead>
<tbody>
<tr>
<td>CML 370</td>
<td>Colletotrichium gloeosporioides</td>
</tr>
<tr>
<td>CML 450</td>
<td>Hypoxilian sp.</td>
</tr>
<tr>
<td>CML 451</td>
<td>Phomopsis sp.</td>
</tr>
<tr>
<td>CML 452</td>
<td>Pestalotiopsis sp.</td>
</tr>
<tr>
<td>CML 453</td>
<td>Phoma herbarum</td>
</tr>
<tr>
<td>CML 454</td>
<td>Cladosporium cladosporioides</td>
</tr>
<tr>
<td>CML 456</td>
<td>Xylaria sp.</td>
</tr>
<tr>
<td>CML 457</td>
<td>Colletotrichium crassipes</td>
</tr>
<tr>
<td>CML 706</td>
<td>Phoma exigua var. exigua</td>
</tr>
<tr>
<td>CML 865</td>
<td>Pseudohalonectria lutea</td>
</tr>
<tr>
<td>CML 866</td>
<td>Staninwardia sp.</td>
</tr>
<tr>
<td>CML 867</td>
<td>Alternaria alternata</td>
</tr>
<tr>
<td>CML 868</td>
<td>Periconia sp.</td>
</tr>
<tr>
<td>CML 869</td>
<td>Paracyclothyrium sp.</td>
</tr>
<tr>
<td>CML 870</td>
<td>Libertella sp.</td>
</tr>
<tr>
<td>CML 871</td>
<td>Phomopsis stipata</td>
</tr>
<tr>
<td>CML 872</td>
<td>Myrothecium roridum</td>
</tr>
<tr>
<td>CML 873</td>
<td>Microascus sp.</td>
</tr>
<tr>
<td>CML 874</td>
<td>Leptosphaeria sp.</td>
</tr>
<tr>
<td>CML 875</td>
<td>Microsphaeropsis sp.</td>
</tr>
<tr>
<td>CML 876</td>
<td>Microsphaeropsis sp.</td>
</tr>
<tr>
<td>CML 877</td>
<td>Guignardia sp.</td>
</tr>
</tbody>
</table>

Sette et al. (2006) isolated and identified 37 endophytic filamentous fungi from coffee plants (Coffea arabica and Coffea robusta), which were studied with
respect to the production of antimicrobial compounds against human pathogenic bacteria. The results revealed that 36 of the endophytic filamentous fungi isolates belong to the Ascomycetes group, including 14 different genera: Aspergillus, Bipolaris, Cladosporium, Clonostachys, Colletotrichum, Epicoccum, Fusarium, Guignardia, Mycosphaerella, Phomopsis, Rosellinia, Talaromyces, Trichoderma and Xylaria.

According to Santamaria and Bayman (2005), who studied endophytic and epiphytic fungal communities associated with coffee leaves (Coffea arabica) in Puerto Rico, Colletotrichum, Xylaria and Guignardia are the most common types of endophytes.

### Antimicrobial screening

The screening was conducted using the agar diffusion method against Gram-positive and Gram-negative bacteria and yeast. All of the crude extracts of fungi isolates inhibited at least one of the microorganisms studied. Among the tested extracts, the Alternaria alternata extract inhibited the growth of three tested pathogenic microorganisms presenting an inhibition zone with diameters measuring between 16 mm for C. albicans and 27 mm for S. aureus. The other extracts displayed significantly smaller inhibition zones when compared to Alternaria alternata. For this reason, this fungus was chosen for further study.

The crude extract of Alternaria alternata was assessed for several bioactivities such as antimicrobial, antioxidant, and cytotoxic activities.

Table II shows the proportion between isolated fungi extracts and the extracts showing activity against the tested microorganisms.

<table>
<thead>
<tr>
<th>Microorganisms</th>
<th>Sa</th>
<th>Ec</th>
<th>Ca</th>
</tr>
</thead>
<tbody>
<tr>
<td>Active extracts/total</td>
<td>18/22</td>
<td>13/22</td>
<td>8/22</td>
</tr>
<tr>
<td>extracts tested (%)</td>
<td>(81.8)</td>
<td>(59.1)</td>
<td>(36.4)</td>
</tr>
</tbody>
</table>

Sa: Staphylococcus aureus; Ec: Escherichia coli; Ca: Candida albicans.

Species of Alternaria are common and prevalent in the mycoflora, which infests and often parasitizes seeds of a wide variety of food crops (Schroeder, Cole, 1977).

The results obtained in this screening showed that endophytic fungi are a promising source of bioactive natural products.

### Antimicrobial assay

The crude extract of Alternaria alternata was assessed for antimicrobial activity against S. aureus, E. coli and C. albicans. The MIC, MBC and MFC values of crude extract of Alternaria alternata are shown in Table III.

<table>
<thead>
<tr>
<th>Microorganisms</th>
<th>Microorganisms</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alternaria alternata crude extract</td>
<td>Staphylococcus aureus</td>
</tr>
<tr>
<td>Wheat bran crude extract</td>
<td>Escherichia coli</td>
</tr>
<tr>
<td>DMSO</td>
<td>Candida albicans</td>
</tr>
<tr>
<td>50-100 &gt;800</td>
<td>400-800 &gt;800</td>
</tr>
<tr>
<td>**</td>
<td>**</td>
</tr>
<tr>
<td>**</td>
<td>**</td>
</tr>
</tbody>
</table>

* The MIC, MBC and MFC values are expressed in µg/mL. The concentrations of crude extracts ranged from 50 to 800 µg/mL.

* Three replicates were made for each concentration of the extracts for all assays.

* showed no activity.

The crude extract of Alternaria alternata was the most effective against S. aureus, presenting a higher inhibition level when compared to other tested microorganisms.

The structural differences presented in the cellular walls of different types of bacteria and fungi (Tortora, Funke, Case, 2005) are likely to affect the performance of the crude extract. This may explain why the performance of the extract was poorer in the yeast and in the Gram-negative bacterium.

According to Rios and Recio (2005), in the search for substances of natural origin with antimicrobial activity, those that present concentrations higher than 1 mg/mL for extracts or 0.1 mg/mL for isolated compounds should be avoided. However, the evaluation of activity is very interesting in the case of concentrations below 100 µg/mL for extracts and 10 µg/mL for isolated compounds.

Compounds isolated from endophytic fungi also displayed antimicrobial activity. Altersin, a natural product isolated from two endophytic Alternaria species, showed a potent minimum inhibitory concentration against several pathogenic Gram-positive bacteria (Hellwig et al., 2002), suggesting that this compound could be present in the crude extract of the fermentation of Alternaria alternata, which requires confirmation.
In accordance with Lin et al. (2007), in the study of the medicinal plant *Camptotheca acuminata*, 174 endophytic fungi were isolated. Of the 18 taxa obtained, *Alternaria* (12.6%) was dominant, among others. Of the 22 *Alternaria* extracts tested, three showed antimicrobial activity.

Of the 67 endophytic fungi isolated from *Quercus variabilis*, 19.4% (*Aspergillus* sp., *Penicillium* sp. and *Alternaria* sp.) showed significant antimicrobial activity (Wang et al., 2007).

Phongpaichit et al. (2006) isolated 377 fungi and their fermentation broths were tested for antimicrobial activity. The results revealed that the strains of *S. aureus* (MIC 32-512 μg/mL) and *C. albicans* (MIC 64-200 μg/mL) were inhibited by 6-10% and 1% of the crude ethyl acetate extracts, respectively.

Thirty-seven endophytic filamentous fungi isolated from coffee plants (*Coffea arabica* and *Coffea robusta*) were tested with respect to their production of antimicrobial compounds against human pathogenic bacteria such as *Salmonella choleraesuis*, *Staphylococcus aureus*, *Pseudomonas aeruginosa* and four different *Escherichia coli* serotypes. Seventeen fungi inhibited at least one of the bacteria studied (Sette et al., 2006).

**Antioxidant assay**

The crude extract of fungus *Alternaria alternata* was evaluated for its ability to scavenge DPPH radicals and antioxidant activity using the β-carotene/linoleic acid system oxidation. The results are shown in Figure 1 and Figure 2, respectively.

The radical DPPH scavenging activity model is a classic, simple and rapid method of assessing antioxidant activity (Gülçin, Alici, Cesur, 2005). The extracts and the standards, butylated hydroxytoluene (BHT) and ascorbic acid, were assessed at a concentration of 100 – 1,000 μg/mL.

At a concentration of 100 μg/mL, the crude extract of the endophyte was less significant (p < 0.05) than the crude extract of wheat bran. At concentrations of 500 and 1,000 μg/mL, a significant difference between the sequestering capability of DPPH radicals by the crude extracts of fungus and wheat bran indicates the presence of antioxidant compounds in the crude extract of *Alternaria alternata*. This extract presented a sequestering potential of approximately eight times less than the standard BHT, with IC$_{50}$ of 86.7 and 687.2 μg/mL, respectively. The IC$_{50}$ values were obtained from the plot of absorbance against concentration for each sample. The IC$_{50}$ is the sample concentration that gives 50% scavenging capacity.

In the β-carotene-linoleic acid assay, the linoleic acid free radical attacked the highly unsaturated β-carotene models. The presence of different antioxidants can hinder the extent of β-carotene bleaching by neutralizing the linoleate radicals formed in the system (Shon, Kim, Sung, 2003).

The negative control, ethanol, showed the ineffectiveness of the vehicle used in the inhibition of the oxidation of the system, observed by the reduction of the inhibition rate (Figure 2). The standards effectively showed, over time, the ability to maintain the values of inhibition at 120 minutes at 84.7 ± 1.9 and 90.7 ± 2.2 %.

The crude extract of *Alternaria alternata* presented a dose-dependent response. There was no significant difference between the activity of the crude extract of *Alternaria alternata* at 500 μg/mL and the crude extract of wheat bran at 500 and 1,000 μg/mL (p> 0.05). At 1,000 μg/mL, the endophytic extract presented an inhibition rate (56.4 ± 3.9 %, p<0.001) significant to that of the standards.
crude extract of wheat bran in the same concentration, showing that the performance of the crude extract of *Alternaria alternata* is independent of the performance of the wheat bran.

The data reinforce the fact that the substrate used in the fermentation process interfered significantly with the determination of antioxidant activity, as this substrate already possessed this ability. According to Soares (2002), the wheat bran extract was described as an important antioxidant agent due to the presence of considerable quantities of phenolic acids, such as protocatechuic, gentisic, caffeic, vanilic, chlorogenic and pherulic acids.

Phenolic compounds seem to have an important role in stabilizing lipid oxidation and are associated with antioxidant activity, which is emphasized in several reports (Yanishlieva-Maslarova, 2001). Therefore, in this study, we determined the total phenolic content of the crude extract of *Alternaria alternata* and wheat bran, obtaining values of 16.90 and 13.47 µg GAE/mg of dry crude extract, respectively.

The difference of phenolic content, which was 3.44 µg GAE/mg of dry crude extract, can be related to the major activity of the endophyte crude extract with respect to the wheat bran extract in the different models of antioxidant activity. However, the content of total phenolics depends on the solvent used in the extraction. In the study of different extracts of endophyte *Xylaria* sp, Liu et al. (2007) proved that extracts obtained from more polar solvents present a higher amount of total phenolics. In our study, the crude extract of *Alternaria alternata*, obtained through the extraction with dichloromethane, presented a lower amount of total phenolics, as did the chloroform extract of *Xylaria* sp. (12.66 ± 0.92 µg GAE/mg of dry weight of the fruiting bodies) described by Liu et al. (2007). The analysis of 292 endophytes isolated from 29 traditional Chinese medicinal plants showed that the antioxidant capacities of endophytic fungal cultures were significantly correlated with their total phenolic content (Huang et al., 2007). This relationship was also observed in the present study.

In accordance with Silva et al. (2006), a comparison of both antioxidant and antimicrobial activities in relation to the amount of total phenolics of different natural extracts certified that a moderate correlation exists between the amount of total phenolics and the biological activity. In this context, the crude extract of the endophyte *Alternaria alternata* presented a moderate antioxidant activity in the tested concentrations and, overall, a greater antimicrobial activity, in spite of displaying a lower total phenolic content.

### Cytotoxic assay

The results of the cytotoxic activity of the crude extract of *Alternaria alternata* are shown in Figure 3.

![Cytotoxic analysis of crude extract of wheat bran and Alternaria alternata on Hela cells. The data represent averages of three independent experiments performed in triplicate.](image)

The cytotoxic assays showed moderate activity of the crude extract of *Alternaria alternata* on the viability of HeLa cells in vitro, when compared to the DMSO treated cells. Three concentrations were tested varying between 200-400 µg/mL and, it was determined that, in the concentration of 400 µg/mL, the crude extract of the endophyte was able to inhibit about 50% of cell proliferation in HeLa cells. In this test, the crude extract of wheat bran showed no activity on the tested cells.

Several cytotoxic compounds have been isolated from endophytic fungi, showing the potential of these fungi in the search for antitumoral agents (Guimarães et al., 2008).

Liu et al. (2007) demonstrated for the first time that alternol, a new compound purified from the fermenting products of *Alternaria alternata* var. *monosporus*, from the bark of Yew, was found to inhibit proliferation and induce apoptosis in mouse lymphocyte leukemia L1210 cells. Alternol induced the activation of caspase-3 and caspase-9, but not caspase-8. Moreover, there was a significant increase in the reactive oxygen species (ROS) which might also play a role in apoptosis. Based on this study, we can suggest that *Alternaria alternata* is able to produce this compound with cytotoxic activity for HeLa cells.

Firáková, Sturdíková and Múcková (2007) presented the overview of bioactive secondary metabolites with anticaner activity produced by endophytes, for example, camptothecin of a fungal endophytic isolate, podophytoxin, aryltetralignans of *Trametes hirsuta*, cytoskyrins of *Curvularia lunata*, macrolides of *Streptomyces* sp. Is9131 and brefeldine A of *Phoma medicaginis*, among others.
Thus, endophytic fungi play an important role in the search for antitumoral compounds and might also represent an alternative source for the production of therapeutic agents that are not easily obtained by chemical synthesis. The potential of these fungi is of great interest and warrants further investigation.

ACKNOWLEDGMENTS

The authors would like to thank Unifal-MG and PROAP-Capes for financial support.

REFERENCES


Biological activities of the fermentation extract of the endophytic fungus *Alternaria alternata* 685


Received for publication on 17th July 2008. Accepted for publication on 20th January 2009.